

Course of training

Unit 1

Day 1 (for those who never have worked with biodynamic)

- What's biodynamism?
- Differences with fasciatherapy, reiki, tissue osteopathy, magnetism, shiatsu, acupuncture...
- A bit of history
- Bases, principles of biodynamic
- The biodynamic touch

Day 2, 3, 4

- A quantum view of biodynamic, the quantum body
- Embryology, a biodynamic view
- Perception exercises, shifting your slider
- Anchoring
- Neutrals
- Split attention
- Synchronization
- Work with different depths of Neutral
- Stillness in biodynamic, its quantum explanation
- Heart as a perceptual organ, its singular electromagnetic field
- The median

Unit 2

Day 1, 2, 3, 4

- When the body becomes the spirit or how thoughts influence soma
- What exactly is the unsolved?
- Shamanic cultures, a bit of history
- Principles
- Cleansings and extrication
- The intention, its quality, its precision, its effect on the soma
- Practices
- Adaptation to biodynamic
- The anamnesis, case history

Unit 3 (optional) therapeutic duos

- The anamnesis, sweep away the unconscious (personal, environmental, family, collective)
- Find the connection with one or several symptoms
- Practices
- Extrication (the 7 methods)
- How to use the freed space for the biodynamics forces to occupy it and get to work
- The intention and its new laws
- The rituals to remain in good health
- To define the place we are at and the one we would like to go to
- Sponsorship
- The place of the therapeutic duo over time or how to stay on the path in spite of harmful environments

Units for revision on particular themes or clinical cases will be organized for those wishing to go into this work in depth. Note: this training course is privately run and does not fall within the scope of vocational training, nor does it lead to any formal recognition in the form of a certificate or degree at the current time.